

3Caf - Roast Beef, Chevre & Red Pepper Panini / Panini au Boeuf, Fromage de Chèvre et Poivrons Rouges

Number of Servings: 1 (411.07 g per serving)

Weight: 411.07 g

Nutrition Facts

Valeur nutritive

Serving Size (411 g)

Portion (411 g)

Servings Per Container

Portions par contenant

Amount	% Daily Value*
Teneur	% valeur quotidienne*

Calories / Calories 730

Fat / Lipides 31 g 48 %

Saturated / saturés 15 g	75 %
+ Trans / trans 0 g	

Cholesterol / Cholestérol 150 mg

Sodium / Sodium 2300 mg 96 %

Carbohydrate / Glucides 66 g 22 %

Fibre / Fibres 3 g	12 %
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Sugars / Sucres 4 g	
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Protein / Protéines 70 g

Vitamin A / Vitamine A 35 %

Vitamin C / Vitamine C 50 %

Calcium / Calcium 15 %

Iron / Fer 70 %

*Based on a 2,000 calorie diet.

	Calories: 2,000	2,500
Total Fat	Less than 65 g	80 g
Saturated + Trans	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fibre	25 g	30 g

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

*En fonction d'un régime alimentaire de 2 000 Calories.

	Calories: 2 000	2 500
Lipides	moins de 65 g	80 g
saturés + trans	moins de 20 g	25 g
Cholestérol	moins de 300 mg	300 mg
Sodium	moins de 2 400 mg	2 400 mg
Glucides	300 g	375 g
Fibres alimentaires	25 g	30 g

Calories per gramme :
Lipides 9 Glucides 4 Protéines 4

Ingredients:

3Caf - Roast Beef, Chevre & Red Pepper Panini

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ROAST BEEF ROAST BEEF, WATER, SODIUM LACTATE, SALT, SODIUM PHOSPHATE, SUGAR, FLAVORING RUBBED WITH: SALT, SUGAR, DEXTROSE, CARAMEL COLOR, GARLIC POWDER, SPICES, CARAMEL COLOR ADDED, BAGUETTE (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, YEAST, NATURAL OIL BLEND (PALM FRUIT, SOYBEAN, CANOLA SEED AND OLIVE OILS), DOUGH CONDITIONERS (SODIUM STEAROYL LACTATE, DEACTIVATED YEAST, ASCORBIC ACID, MALT BLEND (MALTED BARLEY FLOUR, WHEAT FLOUR, DEXTROSE), SOY LECITHIN), GOAT CHEESE, ROASTED RED PEPPERS (RED PEPPERS, PIMENTO, WATER, SALT, CITRIC ACID), SPINACH, ROASTED RED PEPPER BASIL SAUCE (WATER, SOYBEAN OIL, VINEGAR, ROASTED RED PEPPER PUREE [RED BELL PEPPERS, SALT, VINEGAR, FLAVOR, XANTHAN GUM], LIQUID EGG YOLK, SALT, SUGAR, MODIFIED CORN STARCH, DEHYDRATED GARLIC & ONION, NATURAL FLAVOR, MUSTARD FLOUR, XANTHAN GUM, SPICES, PHOSPHORIC ACID, PROPYLENE GLYCOL ALGINATE, LEMON JUICE CONCENTRATE, SORBIC ACID, HOT SAUCE [RED PEPPERS, VINEGAR, SALT], DISODIUM GUANYLATE, DISODIUM INOSINATE, CALCIUM DISODIUM EDTA).

BOEUF, EAU, SODIUM LAITIER, SEL, PHOSPHATE DE SODIUM, SUCRE, PARFUM FROTTE AVEC : SEL, SUCRE, DEXTROSE, COULEUR DE CARAMEL, POUDRE D'AIL, EPICES, COULEUR DE CARAMEL AJOUTE, BAGUETTE A LA FARINE ENRICHIE (FARINE DE BLE, FARINE D'ORGE DE MALTE, ACIDE NICOTINIQUE, FER, MONONITRATE DE THIAMINE, RIBOFLAVINE, ACIDE FOLIQUE), EAU, SEL, FERMENT, MELANGE D'HUILES NATURELLES (FRUIT DE PALME, SOJA, GRAINES DE CANOLA ET HUILE D'OLIVE), CONDITIONNEURS DE PATE (STEAROYL DE SODIUM PRODUIT LAITIER, FERMENT INACTIF, ACIDE ASCORBIQUE, MELANGE DE MALT (FARINE D'ORGE MALTE, FARINE DE BLE, DEXTROSE), LECITHINE DE SOJA, FROMAGE DE CHEVRE, PUREE DE POIVRONS ROUGES (POIVRONS ROUGES, PIMENTS, EAU, SEL, ACIDE CITRIQUE), EPINARDS, SAUCE BASILIC DE POIVRONS ROUGES ROTIS (EAU, HUILE DE GRAINE DE SOJA, VINAIGRE, PUREE DE POIVRONS ROUGES ROTIS [POIVRONS ROUGES, SEL, VINAIGRE, PARFUM, GOMME DE XANTHAN], JAUNE D'OEUF LIQUIDE, SEL, SUCRE, FARINE DE MAIS MODIFIEE, AIL DESHYDRATE & OIGNON, PARFUM NATUREL, FARINE DE MOUTARDE, GOMME DE XANTHAN, EPICES, ACIDE PHOSPHORIQUE, ALGINATE DE GLYCOL DE PROPYLENE, CONCENTRE DE JUS DE CITRON, ACIDE SORBIQUE, SAUCE PIMENT [POIVRE ROUGE, VINAIGRE, SELT], DISODIUM GUANYLATE, DISODIUM INOSINATE, CALCIUM DISODIUM EDTA).

Allergens:

Contains Egg, Milk, Soy, Wheat.

Contient des Oeufs, du Lait, du Soja, du Blé