

## Herbed Goat Cheese Gourmet Sandwich

Number of Servings: 1 (255.15 g per serving)

Weight: 255.15 g

Nutrition Facts		Valeur nutritive	
Serving Size (255 g)			
Portion (255 g)			
Servings Per Container			
Portions par contenant			
Amount		% Daily Value*	
Teneur		% valeur quotidienne*	
<b>Calories / Calories 710</b>			
<b>Fat / Lipides 43 g 66 %</b>			
Saturated / saturés 12 g 65 %			
+ Trans / trans 1 g			
<b>Cholesterol / Cholestérol 50 mg</b>			
<b>Sodium / Sodium 1020 mg 43 %</b>			
<b>Carbohydrate / Glucides 165 g 55 %</b>			
Fibre / Fibres 4 g 16 %			
Sugars / Sucres 6 g			
<b>Protein / Protéines 13 g</b>			
Vitamin A / Vitamine A 8 %			
Vitamin C / Vitamine C 60 %			
Calcium / Calcium 15 %			
Iron / Fer 35 %			
*Based on a 2,000 calorie diet.			
	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated + Trans	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fibre		25 g	30 g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4
*En fonction d'un régime alimentaire de 2 000 Calories.			
	Calories:	2 000	2 500
Lipides	moins de	65 g	80 g
saturés + trans	moins de	20 g	25 g
Cholestérol	moins de	300 mg	300 mg
Sodium	moins de	2 400 mg	2 400 mg
Glucides		300 g	375 g
Fibres alimentaires		25 g	30 g
Calories per gramme :			
Lipides	9	Glucides	4
		Protéines	4

### Ingredients:

SOUR DOUGH SANDWICH ROLLS (STRONG BAKERS FLOUR (WHEAT FLOUR, ASCORBIC ACID, AZODICARBONAMIDE, NIACIN, REDUCED IRON, THIAMINE MONONITRATE), WATER, EASY SOURDOUGH (WHEAT FLOUR, SALT, FUMARIC ACID, VEGETABLE OIL, SODIUM DIACETATE, LACTIC ACID, HYDROGENATED SOYBEAN OIL, SILICON DIOXIDE, ASCORBIC ACID, CORN STARCH, AMYLASE), BAKERS YEAST, SUGAR (FINE), VEGETABLE SHORTENING (HYDROGENATED VEGETABLE OILS (SOYBEAN, MODIFIED PALM OIL), BHA, BHT), STABILASE [WHEAT GLUTEN, ENRICHED WHEAT FLOUR, CANOLA OIL, ENZYMES (ENRICHED WHEAT FLOUR, ALPHA-AMYLASE, XYLANASE), ASCORBIC ACID]), GOAT CHEESE MIXTURE (PLAIN CREAM CHEESE (PASTEURIZED CREAM, AND NON FAT MILK, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR), GOAT CHEESE, SALT, PEPPER.), EGGPLANT, SQUASH, ZUCCHINI, HERBED OIL (CANOLA OIL, ROSEMARY (DRIED), BASIL (DRIED) OREGANO, (DRIED) SALT (IODIZED, TABLE), BLACK PEPPER.), RED PEPPER, GREEN PEPPERS.

AIGRIR LES ROULEAUX DE SANDWICH DE PATE (LES FORTS BOULANGERS FARINE (LA FARINE DE BLE, ASCORBIQUE ACIDE, AZODICARBONAMIDE, L'ACIDE NICOTINIQUE, LE FER REDUIT, MONONITRATE DE THIAMINE), L'EAU, SOURDOUGH FACILE (LA FARINE DE BLE, LE SEL, L'ACIDE DE FUMARIC, L'HUILE VEGETALE, DIACETATE DE SODIUM, LACTIQUE ACIDE, LE PETROLE DE GRAINE DE SOJA DE HYDROGENATED, LE DIOXYDE DE SILICIUM, ASCORBIQUE ACIDE, LA FARINE DE MAIS, L'AMYLASE), LES BOULANGERS FERMENT, LE SUCRE (BIEN), LE LEGUME RACCOURCISSANT (LES HUILES VEGETALES DE HYDROGENATED (LA GRAINE DE SOJA, LE PETROLE DE PAUME MODIFIE), BHA, BHT), STABILASE [LE GLUTEN DE BLE, BLE FARINE ENRICHI, LE PETROLE DE CANOLA, LES ENZYMES (A ENRICHI BLE FARINE, L'ALPHA-AMYLASE, XYLANASE), ASCORBIQUE L'ACIDE]), LE MELANGE DE FROMAGE DE CHEVRE (FROMAGE FRAIS SIMPLE (A PASTEURISE CREME, ET NON GROS LAIT, CASEINATES DE SODIUM ET CALCIUM (LES PROTEINES DE LAIT), LE SEL, CITRIQUE, PHOSPHORIC, ET LES ACIDES ACETIQUES, XANTHAN, LE HARICOT DE LOCUSTE, ET LES GOMMES DE GUAR, SORBATE DE POTASSIUM (MAINTIENT LA FRAICHEUR), LE PARFUM NATUREL), LE FROMAGE DE CHEVRE, LE SEL, PEPPER.), L'AUBERGINE, LA COURGE, LA COURGETTE, LE PETROLE DE HERBED (LE PETROLE DE CANOLA, LE ROMARIN (A SECHE), Basil (A SECHE) L'ORIGAN, (A SECHE) LE SEL (IODIZED, LA TABLE), PEPPER. NOIR, LE POIVRE ROUGE, LES POIVRES VERTS.

### Allergens:

Contains Milk, Soy, Wheat.

Contient Lait, Soja, Blé.